

From: [Sunset Advisory Commission](#)
To: [Dawn Roberson](#)
Subject: FW: Form submission from: Public Input Form for Agencies Under Review (Public/After Publication)
Date: Wednesday, June 25, 2014 4:34:33 PM

-----Original Message-----

From: sundrupal@capitol.local [<mailto:sundrupal@capitol.local>]
Sent: Wednesday, June 25, 2014 3:03 PM
To: Sunset Advisory Commission
Subject: Form submission from: Public Input Form for Agencies Under Review (Public/After Publication)

Submitted on Wednesday, June 25, 2014 - 15:02

Agency: UNIVERSITY INTERSCHOLASTIC LEAGUE UIL

First Name: Laura

Last Name: Friend

Title: Project ADAM Texas Program Coordinator

Organization you are affiliated with: Run For Sarah, Project ADAM, Youth Sports Safety Alliance, Parent Heart Watch

Email: Laura.friend@cookchildrens.org

City: North Richland Hills

State: Texas

Your Comments About the Staff Report, Including Recommendations Supported or Opposed: Support Sport EKGs to Pre-Participation Physicals.

Any Alternative or New Recommendations on This Agency:
Dear Sunshine Committee,

I strongly support that UIL require EKGs to be added to all pre-participation physicals.

I was part of the team of parents, doctors and legislators that supported Senate Bill 7 Texas AED school law, that passed in 2007. It required AEDs in all schools, CPR taught to all students in Health Class before graduation, and allocated \$1 million to a heart screening pilot program. The screening pilot program was suggested by Senator Kyle Janek in the Senate Health Committee in 2007. Championship Hearts Foundation was awarded this \$1 million dollar contract, and Dr. Arnold Fenrich that testified as a "resource" in front of the Sunshine Committee, sits on the board of Championship Hearts Foundation, (a student athlete heart screening organization).

My 12 year old daughter was a 7th grade band student in Birdville ISD when she collapsed and died from sudden cardiac death. We know that had Sarah had an EKG, she would have a 90% chance of being here today.

Why do we start with athletes? We have to start somewhere. Our kids don't have time to wait for all this data and science to be figured out by scientists. We need to start now with what we know. It will never be perfect, and it can't stop us from saving lives.

False-Positives? For Dr. Charles Schwertner, this was his question. The UIL and many states across the U.S. require the Pre-Participation history and physical exam that is also recommended by the

American Academy of Pediatrics.

This Pre-Participation History and Physical exam has a false-positive rate that is 10 times higher than the Sports EKG.

Resource - Drezner JA, Asif IM, Owens DS, et al. Br J Sports Med (2012).
doi:10.1136/bjsports-2012-090612

In 2012, international experts in sports medicine and cardiology met in Seattle to establish EKG interpretation standards, The Seattle Criteria, to be used for student athletes and bring down the false-positive numbers that some use as a poor excuse not to screen with EKGs. The module is free and accessible to the public.

Sudden Cardiac Death is the leading cause of death in children under 24 years of age. A young athlete dies on average every three to four days in the United States. Most of the conditions that cause cardiac arrest are asymptomatic and at least two-thirds can be identified by the EKG.

Resource – National Vital Statistics Report for 2005, Published April 2008, Volume 56, Number 10

Heart Screenings currently offered in Texas by Non-Profit Organizations – Screen Across America lists organizations that screen our children by state, <http://www.screenacrossamerica.org/about-us/>

To save lives from Sudden Cardiac Death, we need primary prevention (physical and EKG) and secondary prevention (CPR and AED).

All you have to do is Google collapsed athletes/students, and you'll see more stories than you ever want to read about kids, that die of sudden cardiac arrest, in Texas and the U.S. every day.

Sincerely,

Laura Friend
Program Coordinator
Cook Children's Project ADAM Texas
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My Comment Will Be Made Public: I agree