

From: [Sunset Advisory Commission](#)
To: [Cecelia Hartley](#)
Subject: FW: NorthSTAR
Date: Friday, October 17, 2014 8:09:31 AM

From: Teena Adler-Roberts
Sent: Thursday, October 16, 2014 5:40 PM
To: Sunset Advisory Commission
Subject: NorthSTAR

Thursday, October 16, 2014

Mr. Ken Levine,

I am very happy with NorthSTAR and I do not want to see it go away!!!! I REPEAT DO NOT!!!! It has served my needs as a peer in this community very well by providing open access, choice of providers, separation of provider and authority roles, and integrating substance use services with mental health services. North STAR has served more peers at less cost than anywhere else in Texas!!!! I have always been able to get same day access and that is something that is very important to me and I do not want to lose that capability!!!! Access is equal to services whether a person has Medicaid or not, and

services are not disrupted if Medicaid eligibility is lost. NorthSTAR is very collaborative with all of the stakeholder community being involved in decision making about how it evolves. NorthSTAR has continually evolved to meet the needs and challenges of our area, including during times of crisis such as Katrina and the current Ebola situation. NorthSTAR is flexible and quickly adapts to challenges. The contractor for NorthSTAR is part of the community and is accessible to all stakeholders. I can contact Value Options at anytime and voice my concerns about anything and they will listen to what I have to say. NorthSTAR provides a wide array of value added services and collaborates in a multitude of community initiatives, including jail diversion, crisis intervention, Assisted Outpatient Treatment, etc., as well as with all of the mental health courts. I do not want NorthSTAR to go away. I want it to stay!!!!

Thank you

Sincerely,

Katina Adler

Have an absolutely fabulously blessed day!!!!

Teena Adler-Roberts

Advanced Certified Peer Specialist

NAMI Dallas Peer-to-Peer Mentor and State Trainer
NAMI Dallas Connection Recovery Support Group Facilitator
NAMI Dallas Provider Education Course Teacher
NAMI Dallas Board Member-At-Large
NAMI Dallas IOOV (In Our Own Voice) Presenter
NAMI Dallas Ending The Silence (ETS) Presenter
DBSA Dallas Support Group Facilitator
Texas Catalyst for Empowerment (TCE) Board Member (Region 2)
Consumer and Family Advisory Council (CFAC) Co-Chair 2012-2014
Via Hope Certified Peer Specialist Advisory Council Member

I do not provide crisis or counseling services and only take calls after 10:00 am, but before 9:00 pm. If you are in crisis or concerned about someone else, call emergency services at 9-1-1 or the 24 hour National

Suicide Prevention Lifeline at 1-800-273-TALK (8255) or go to the nearest emergency room. You can also use the Texas Department of State Health Services directory to locate your local, 24-hour psychiatric crisis line: <http://www.dshs.state.tx.us/mhsa-crisishotline/>. The numbers below are also great resources to use.

Adapt Community Solutions - Mental Health Crisis Line and Mobile Crisis Teams (Counties served: Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall) Toll Free Crisis Line 1-866-260-8000

1-800-SUICIDE (1-800-784-2433) - Deaf Hotline 1-800-4TTY (1-800-799-4889)

In the midst of your crisis remember this....."Suicide is a PERMANENT solution to a TEMPORARY problem."

Ephesians 4:2 - New Living Translation (NLT) - Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love.

"Never Let People, Places, Or Things Stand In Your Way Of Fulfilling Your Goals And Living Out Your Dreams." Teena Roberts

"I can be changed by what happens to me. But I refuse to be reduced by it." Maya Angelou

"I pray to be used in service for a calling greater than my own." Oprah Winfrey

"What lies before us and what lies behind us are small matters compared to what lies within us. And when we bring what is within us out into the world, miracles happen" Ralph Waldo Emerson